




MARIA CAMILA VANEGAS

HOLISTIC COACHING & PERSONAL DEVELOPMENT

The path of wellness and awareness consists of travelling deeper into myself with acceptance, compassion and detachment. Healing the soul by releasing limiting beliefs, judgments and habits to connect with my essence to enjoy a life with purpose. Magic happens when we believe and create, release and trust, learn and grow, and enjoy freedom as a reward. I live committed to my spiritual journey with love and discipline to be able to offer the world my best version.

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 https://www.youtube.com/watch?v=VCCUz_gRdU0

CERTIFICATIONS

- **HAPPINESS PROGRAM SUDARSHAN KRIYA**
Sri Sri School of Yoga The Art of Living
April 2020 - 5 days
- **SRI SRI YOGA LEVEL I SWAMI PARAMTEJ**
Sri Sri School of Yoga The Art of Living
July 2020 - 4 days
- **CONNECTING WITH ANGELS I y II**
Spiritual transformation
Fahad Ullah Khan
July 2020 - 8 months, 250h
- **SAHAJ SAMADHI LAURA TORRES**
Sri Sri School of Yoga The Art of Living
Sept 2020 - 4 days
- **REIKI**
The art of Divine healing
Fahad Ullah Khan
Sept 2020 - 3 months, 150h
- **HEALING WITH CRYSTALS**
Andrea Cuellar-SEIKI
April 2021 - 5 days
- **MASTER YOGA INSTRUCTOR**
Sri Sri School of Yoga
The Art of Living
July 2020 - 2 years, 500h
(currently attending)
- **MASTER IN PERSONAL DEVELOPMENT & LEADERSHIP**
Borja Vilaseca Institute
Nov 2021 - 9 months
(currently attending)

EXPERIENCES

- **MINDFULNESS**
Intention, Attention, No Tension
Luz Stella Jara
April 2018 - 3 months
- **HEALING FAMILY TREE & MANIFESTING DREAMS**
Unconscious therapies
Silvana Piedrahita
Dec 2020 - 5 months
- **SILENT & MEDITATION RETREAT**
Hridaya Yoga, Mazunte MX
Sept 2018 - 10 days
- **FAMILY CONSTELLATIONS**
Mireya Kurmen
Antonia Regalado
Dec 2020 - 8 hours
- **ASTROLOGY OF ABUNDANCE**
The soul's journey
Carolina Perdomo & Dania Younes
July 2020 - 1 month
- **CREATING AN ABUNDANT LIFE**
Marta Salvat
Borja Vilaseca Institute
January 2021 - 3 months
- **RECUMBENT SYNDROME THERAPY**
Healing genealogical family tree and blocked mournings
Carolina Perdomo
August 2020
- **PALOMA, ANCESTRAL MEDICINE**
Ana María Tamayo
February 2021
- **BIONEUROEMOTION THERAPY**
Gloria Jaramillo
August 2020 - 4 days
- **SELF SENSE PROJECT THERAPY**
Healing gestation and birth
Dania Younes
March 2021
- **NEW MOON, MAGIC MOON**
Astrology, Healing, Manifestation
Silvana Piedrahita & Gloria Jaramillo
Sept 2020 - 1 year
- **DIVINE HEALING (CURA SANTA)**
A journey through the senses
A prayer of touches and sounds
A caress for the body and the soul
Eva & Carmen
Nov 2021
- **THE ART OF MANIFESTATION I, II & III**
Manifestation & mind power
Silvana Piedrahita & Dania Younes
Sept 2020 - 3 months

TOOLS & THERAPIES



Yoga
Meditation
Pranayamas
Karma yoga
Reiki
Nature



Astral chart
Maya chart
Astrology
Evolving Tarot
Constellations
Enneagram



Mindfulness
Bioneuroemotion
Unconscious therapies
Channeling
Angels



Ayurveda
Ancestral, alternative & bioenergetic medicine
ACIM